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Mental Health & Resilience Subject Matter Expert (SME), CRI-TAC, United States Department of Justice



RESEARCH INTERESTS

- Clinical Mental Health Counseling & School Counseling
- Solitude & Aloneness
- Mental Health & Resilience with Tactical Populations
- Tactical Mindfulness

TRAININGS, LECTURES, & WORKSHOPS

- Melton, B., Cleveland, R. E., & Dulla, J. (2025). *Transforming officer wellness: Introducing the statewide tactical athlete initiative*. International Association of Chiefs of Police, Office Safety & Wellness Conference, Anaheim, CA.
- Cleveland, R. E. (2024). Meaning as human capital: Using mindfulness to ground employees and increase their awareness & meaning. International Scientific Conference, Management in Economy 4.0, Faculty of Management, University of Białystok.
- Cleveland, R. E. (2024). Standing alone or alone standing: Law enforcement officers experiencing solitude. International Pandisciplinary Conference on Solitude in Community: Alone Together, Bishop Grosseteste University.
- **Cleveland**, R. E., & Melton, B. (2023). *Sustainable physical & mental readiness training for tactical athlete operators*. International Congress for Soldiers' Physical Performance (ICSPP), London, UK.
- **Cleveland**, R. E. (2023). *Addressing trauma in context: Domain relevance in resilience services*. Oxford Symposium in School-Based Family Counseling, Oxford University.

SCHOLARLY PUBLICATIONS

- McBrayer, J. S., Pannell, S., Boykin, B., Cleveland, R. E., Miller, S., & Carney, M. J. (*in submission*). Closing the gap: The relationship between school climate and student achievement in the middle school sector.
- Boykin, B., Sergi McBrayer, J., Pannell, S., Cleveland, R. E., & Miller, S. (accepted). Relationship between school climate and student achievement in SE Georgia middle schools. School Leadership Review.
- **Cleveland**, R. E. (2023). Addressing trauma in context: Domain relevance in resilience services. *Oxford Symposium in School-Based Family Counseling Published Proceedings*.
- Gonzalez, D., Lanham, S. N., Martin, S. E., Cleveland, R. E., Wilson, T. E., Langford, E. L., & Abel, M. G. (2024). Firefighter health: A narrative review of occupational threats and countermeasures. *Healthcare*, *12*(4), 440.
- **Cleveland**, R. E. (2021). Silent children. In Stern, J., Sink, C. A., Wałejko, M., & Ho, W. P. (Eds.), *The Bloomsbury handbook of solitude, silence and loneliness*. London: Bloomsbury.
- **Cleveland**, R. E. (2021). Quiet Greatness. In Curry, J. H. & Jackson, S. R. (Eds.), *The greatest lecture I was never taught: Leadership lessons and mentoring moments from the lives of everyday educators*. Boston: Brill Publishing, USA.
- **Cleveland**, R. E. (2020). Aware I am alone: Intersections of solitude and mindfulness. *Pedagogia Christian a*.

